



NATURE CUFFS

Materials: Clear tape & Nature Materials

Step 1. Wrap clear tape around wrist, sticky side out.

Step 2. Collect natural materials (grasses, flowers, leaves)
and stick onto tape.

Step 3. Enjoy your beautiful Nature Cuff!



Middle Country Public Library
101 Eastwood Blvd. Centereach, NY 11720
www.natureexplorium.org